

Announcing a Training Opportunity...

Using a Team Approach to Manage Childhood Arthritis

Synergy for Success



Friday, November 3rd
2006
8:00 a.m. – 4:00 p.m.
Lake Morey Resort
Fairlee, Vermont

This one-day program
will provide evidence-based
information to school and
community health professionals
involved in the care of children
with arthritis or other
rheumatic diseases.

Sponsors

Nancy Hassett-Dahn, B.S., RN (Author)



Department
of Rehabilitation
and Movement Science
& College of Nursing
and Health Sciences



Synergy for Success: Using a Team Approach to Manage Childhood Arthritis



This one-day program will provide evidence-based information to school and community health professionals involved in the care of children with arthritis or other rheumatic diseases. A team approach to the medical and physical rehabilitation of these juvenile conditions will be discussed. Topics will include: the diagnosis and medical management of the most common rheumatic diseases in children; standardized assessment tools specific to pediatric rheumatology; and, recommendations for intervention to address the impairments, activity limitations, and participation restrictions common to these disorders. Current evidence regarding physical activity, exercise, and participation in sports will be discussed. Case examples will be used to illustrate these principles of examination, evaluation, and management in a variety of childhood rheumatic diseases.

Learning Objectives – Participants will:

- Understand classification systems and frameworks guiding rehabilitation efforts in juvenile arthritis and other juvenile rheumatic diseases;
- Be familiar with the Rehabilitation Outcomes Measures appropriate for examination, evaluation and interventions in juvenile arthritis;
- Understand evidence-based interventions in Juvenile Arthritis—particularly for physical activity and exercise; and,
- Know how to choose appropriate sports for children with arthritis by matching the activity to the child.

Presenters:

- Susan Klepper, Ph.D., Assistant Professor of Clinical Physical Therapy, College of Physicians and Surgeons, Columbia University.

Holds a clinical appointment in the Department of Rehabilitation Medicine at New York Presbyterian Hospital for research activities related to pediatric physical therapy. Research Interests: Physical activity, fitness, and the effects of exercise in children with arthritis and other rheumatic diseases. Current research has been supported by a three year award from the Arthritis Foundation to investigate the impact of physical conditioning on gross motor skills, physical function, and quality of life in children with juvenile arthritis.

- Leslie Abramson, M.D., Pediatric Rheumatologist, Fletcher Allen Health Burlington, Vermont, and Dartmouth Medical Center, Hanover, New Hampshire.

Cost:

Cost is **\$65**

(**\$60** for APTA Pediatric Section Members)

Questions:

Contact: Julie Green

802-863-7330

e-mail: JGreen@vdh.state.vt.us

Lake Morey Inn, Fairlee, Vermont



Rooms

Limited rooms are available for participants. Contact the Resort directly to book your room. Please call by **October 20th** for special Klepper Training room rate:

\$79.00 plus tax (single or double occupancy)

For **More Information** and **Reservations**

Call 800-423-1211 or go to our website:

<http://www.lakemoreyresort.com/>

Directions

The Lake Morey Resort is located in the heart of Vermont. It is an easy 2.5 hour drive from Boston, Hartford, and Montreal and a 5 hour drive from New York via major interstates. Located are just off I-91, exit 15, on the Vermont/New Hampshire border.

Driving Directions:

From Boston: Take I-93 North to I-89 North (in Concord, NH) to I-91 North (in White River Jct, VT.). Take Exit 15. Turn left off exit ramp. Take first right (granite Lake Morey Resort sign on corner). Follow the golf course (on left) and take your first left onto Clubhouse Rd. Resort is on the right.

From Hartford and points South: Take I-91 North to Exit 15 in Vermont. Turn left off exit ramp. Take first right (granite Lake Morey Resort sign on corner). Follow the golf course (on left) and take your first left onto Clubhouse Rd. Resort is on the right.

From Burlington: Take I-89 South to Exit 7 (Berlin/Barre). Take Route 302 East through Barre to Orange. Take Route 25 South to Bradford. Take I-91 South to Exit 15 - Turn right off exit ramp. Take next right (granite Lake Morey Resort sign on corner). Follow the golf course (on left) and take your first left onto Clubhouse Rd. Resort is on the right.

From Albany: Take I-87 North to Troy. Take Route 7 East to Route 9 East in Vermont. Take I-91 North in Brattleboro, Vermont. Take Exit 15. Turn left off exit ramp. Take first right (granite Lake Morey Resort sign on corner). Follow the golf course (on left) and take your first left onto Clubhouse Rd. Resort is on the right.

Registration Form

Using a Team Approach to Manage Childhood Arthritis 11/3/06



Name _____

Please print name as you want it to appear on your nametag.

Organization _____

Address _____

Daytime Telephone _____

Evening Telephone _____

Job title: _____

E-mail: _____

(Registrants will receive email confirmation)

Exhibitor: _____ (Display table charge: \$**25.00**)

I need Nursing Contact Hours or OT CEU's

☐

Please list accommodations needed to facilitate your participation in the training. We need notification of accommodations by **October 6th** please.

Complete and return form to:

Vermont Department of Health
Division of Health Improvement
Attn: Julie Green
108 Cherry St, P.O. Box 70
Burlington, Vt 05402-9962

Please enclose payment to
VDH-Klepper Seminar
Cost is **\$65.**

**\$60 for APTA Pediatric
Section Members**

APTA # _____

Registrants will receive email confirmation with agenda and information.

REGISTRATION DEADLINE: October 20, 2006

For information contact: Julie Green 802-863-7330 e-mail: JGreen@vdh.state.vt.us